ALL ANGELS BY THE SEA
WEEKLY TIDINGS

Thursday, September 10, 2026

Sunday Service at 10am

To live-stream the service - go to ***AllAngelsLBK.org***, click on the "All Angels Enter Here" picture and you will be routed to our YouTube channel.
Zoom - go to **https://zoom.us/j/5955701807** and watch and listen live. Be sure to stick around after the service for our coffee hour chat-with-your-neighbor time.

The bulletin can be found on the All Angels Website: ***AllAngelsLBK.org*** or at the following link:

Bulletin for Sunday, September 13, 2026

Scripture Readings for September 13, 2026

Exodus 14:19-31
Psalm 114
Romans 14:1-12
Matthew 18:21-35

Click Here for the Readings

IN CASE YOU MISSED IT

Sunday Service

Sunday Sermon

If you would like to read Rev. Dave's recent sermon,
please click the link below:
Sermon: What is Love and What is Certain

PRAYERS

We Pray for our People

Bring the healing of your touch to all those who suffer in body or spirit, especially Downs IV, Holden, Barbara, Caitlin, Victoria, Alice, Annette, Charles, Anne, Patricia, Bob, Eric, Amy, Trude, Donna, Carling, Carol, Rafaela, Scott, Frank, Ceara, Lois, Amanda, and Sylvia.
For those going through cancer treatments, and in remission, especially, Downs III, Lauren, Nancy, Shannon, Frank, Carmen, Zachary, Claudia, Will, Pete, Cara, Jennifer, Lauren, Melinda, Lindsay, Melissa, Kelly, Davidson, and Kelsey.

A BRIDGE BETWEEN ALEX AND DAVE

Podcast: A Bridge Between

Episode 195: Overflowing Blessings

Also available on Spotify:
Spotify: A Bridge Between

PARISH ACTIVITIES

New to You Summer Art Sale
through September 20th

So far, our Sales are $4140!

If you are thinking about making a purchase or a donation we only have two more Sundays before the Art will come down. Please help us get to our GOAL of $5000 for Turning Points.

Supporting Turning Points in Bradenton. 100% of the proceeds from our sale go to help people one step away from homelessness.

Discussion Groups

Men's Discussion Group - Tuesdays at 10:00am

Women's Discussion Group - Wednesdays at 10:15am

On Tuesday's Men's discussion, we will cover the article titled "There's Something Better Than Happiness."
Men's Discussion Group Article

On Wednesday's Women's discussion, we will cover Jesus' parable that concludes with this question: "Are you envious because I am generous?"
Women's Discussion Group Reading

For those in person, I'll have the coffee ready. For those online, here is the Zoom link.
https://zoom.us/j/5955701807

Coffee Hour Hosts Needed

One of the most important things we do is gather after the service for coffee hour. If you are interested in hosting, the sign up sheet is on the Gallery table. If you would like help, sign up and we will find someone to show you how it is done.

Online Giving

If you would like to give to the offering plate electronically, you can find the online giving link on our All Angels website by clicking the link below: ***AllAngelsLBK.org***

Centering Prayer

Centering Prayer invites you to pray with them, every day, at 8 am, wherever you are. When you enter into prayer at 8 am (Eastern), you will know that others are praying at the same time.

REFLECTION

Dealing With Grief

“Those who are capable of loving strongly can also suffer great grief, but this same necessity of love serves to counteract their grief and is what heals them.” — Leo Tolstoy

“The Lord is close to the brokenhearted and saves those who are crushed in spirit.” Psalm 34:18

Grief is natural. Grief is unpredictable and does not comprehend the passage of time. Grief does not happen unless there is love first. To love is a choice; to grieve is not. Love will provide a passageway through the valley of grief but one must choose it.

God is love. That means God can mourn too. The shortest sentence in the Bible is this: Jesus wept. (John 11:35) He, who loves us more than we can ask or imagine, taught this:
Those who mourn are blessed because they will receive comfort. (Matthew 5:4)

I believe in a God of order. I believe grief creates disorder. Grief can make us feel disordered and as a result we act out in anger and are prone to irritability (especially over things that usually don’t upset us). The disordering of grief can make us withdraw from friends, skip social functions, or make us avoid places, or songs, or recipes, or photos that remind us of loss. Grief can disorder our cognitive mind with grief-fog that impairs memory and focus. It makes even the simplest of chores feel impossible. Grief creates indecisiveness which, if not addressed, can create further loss and then more grief (and then more isolation and disorder).

There is a way through, however. Perhaps the hardest part of grief is to start the process of walking through the valley of the shadow of death. (Psalm 23:4) Here is a process to follow. Start by acknowledging the pain. Say out loud what is making you hurt. Sometimes it helps to write it down. If you can’t write it, draw or scribble it. The point is to acknowledge it. The pain will not go away on its own. It can be suppressed for a short while, but it will always – always – let itself be felt and known. Your way through is to acknowledge it.

Step two – tell someone about it; over and over again. Lean on your support systems and tell them what you are feeling or show them what you've written or scribbled. Grief will want you to isolate, the way through is to lean on those who love you.

Step three – love yourself. Prioritize your physical health and fitness. Eat nutritious meals and stay hydrated. I have found that grief makes us not feel thirsty, so when you are grieving, drink more water than what you think you need. And yes, you'll go to the bathroom more, but you are (literally) flushing out negative things. Sharing your grief and pain with others will make you tired – it takes a physical toll. Prioritize resting and sleep. Take time to do things that give you joy like listening to music, going on a walk, seeing a play, going out to eat, watching the sunset. Again, grief will want you to isolate, the way through is to do the things that bring you joy and peace. Lastly, of course, seek professional help and please postpone major life decisions until the grief-fog has lifted.

When we choose to express grief, lean on others, and care for ourselves, we will find that God is close by; therefore, those who grieve by leaning on others will be blessed and receive comfort.

– Fr. Dave

All Angels Church | 563 Bay Isles Rd | Longboat Key, FL 34228 US

Unsubscribe | Update Profile | Constant Contact Data Notice

Constant Contact

Try email marketing for free today!