

All Angels Episcopal Church



*Angels lead the mighty chorus
Praising God both day and night.
Gloria in excelsis Deo.*

**All Angels Sunday
September 29, 2024**

Prelude *Angels We Have Heard on High* arr. Christopher Uehlein, OSB

Opening Hymn *Angels from the Realms of Glory* 1982 Hymnal #93

1 An - gels, from the realms of glo - ry, wing your flight o'er
4 Saints be - fore the al - tar bend - ing, watch - ing long in
all the earth; ye, who sang cre - a - tion's sto - ry,
hope and fear, sud - den - ly the Lord, de - scend - ing,
Refrain
now pro - claim Mes - si - ah's birth: come and wor - ship,
in his tem - ple shall ap - pear:
come and wor - ship, wor - ship Christ, our God and King

Celebrant Blessed be God: Father, Son and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Holy God, Holy and Mighty, Holy Immortal One,
Have mercy upon us.

Celebrant The Lord be with you.

And also with you.

Let us pray.

Everlasting God, you have ordained and constituted in a wonderful order the ministries of angels and mortals: Mercifully grant that, as your holy angels always serve and worship you in heaven, so by your appointment they may help and defend us here on earth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons *Please be seated for the reading of the lessons.*

A reading from Genesis

Genesis 28:10-22

[Jacob tricked his father, Isaac, to bless him instead of the oldest son, Esau. Not surprisingly, Esau set out to kill Jacob who had fled into the wilderness.]

Jacob left the town of Beersheba and started out for Haran. At sunset he stopped for the night and went to sleep, resting his head on a large rock. In a dream he saw a ladder that reached from earth to heaven, and God's angels were going up and down on it. The Lord was standing beside the ladder and said:

I am the Lord God who was worshiped by Abraham and Isaac. I will give to you and your family the land on which you are now sleeping. Your descendants will spread over the earth in all directions and will become as numerous as the specks of dust. Your family will be a blessing to all people. Wherever you go, I will watch over you, then later I will bring you back to this land. I will not leave you — I will do all I have promised.

Jacob woke up suddenly and thought, “The Lord is in this place, and I didn't even know it.” Then Jacob became frightened and said, “How awesome is this place! It must be the house of God and the gateway to heaven.”

When Jacob got up early the next morning, he took the rock that he had used for a pillow and stood it up as a place of worship. Then he poured olive oil on the rock to dedicate it to God, and he named the place Bethel. Before that it had been named Luz.

Jacob solemnly promised God, “If you go with me and watch over me as I travel, and if you give me food and clothes and bring me safely home again, you will be my God. This rock will be your house, and I will give back to you a tenth of everything you give me.”

The Word of the Lord.

Thanks be to God.

Psalm 103:1, 19-22 *please respond where bold*

Bless the Lord, O my soul,

and all that is within me, bless his holy Name.

The Lord has set his throne in heaven,

and his kingship has dominion over all.

Bless the Lord, you angels of his, you mighty ones who do his bidding,

and hearken to the voice of his word.

Bless the Lord, all you his hosts,

you ministers of his who do his will.

Bless the Lord, all you works of his, in all places of his dominion;

bless the Lord, O my soul.

A reading from the Book of Revelation

Revelation 12:7-12

Then there was war in heaven. Michael and his angels fought against the dragon and his angels. And the dragon lost the battle, and he and his angels were forced out of heaven. This great dragon — the ancient serpent called the devil, or Satan, the one deceiving the whole world — was thrown down to the earth with all his angels.

Then I heard a loud voice shouting across the heavens:

“It has come at last — salvation and power and the Kingdom of our God, and the authority of his Christ. For the accuser of our brothers and sisters has been thrown down to earth — the one who accuses them before our God, day and night. And they have defeated him by the blood of the Lamb and by their testimony.

And they did not love their lives so much that they were afraid to die. Therefore, rejoice, O heavens! And you who live in the heavens, rejoice!

But terror will come on the earth and the sea, for the devil has come down to you in great anger, knowing that he has little time.”

The Word of the Lord.

Thanks be to God

Gradual Hymn*God is Love*

1982 Hymnal #379

- 1 God is Love, let heaven adore him; God is Love, let earth rejoice;
let creation sing before him and exalt him with one voice.
God who laid the earth's foundation, God who spread the heaven above,
God who breathes through all creation: God is Love, eternal Love.
- 2 God is Love; and Love enfolds us, all the world in one embrace:
with unfailing grasp God holds us, every child of every race.
And when human hearts are breaking under sorrow's iron rod,
then we find that selfsame aching deep within the heart of God.

The Holy Gospel of our Lord Jesus Christ according to John

Glory to you, Lord Christ.*John 1:47-51*

When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

The Gospel of the Lord.

Praise to you, Lord Christ.**Gradual Hymn***God Be in My Head*

1982 Hymnal #694

God be in my head, and in my understanding; God be in mine eyes, and in my looking;
God be in my mouth, and in my speaking; God be in my heart, and in my thinking;
God be at mine end, and at my departing.

The Sermon

The Rev. David J. Marshall

Reflection Hymn*Ye Holy Angels Bright*

1982 Hymnal # 625

- 1 Ye holy angels bright, who wait at God's right hand,
or through the realms of light fly at your Lord's command,
assist our song, for else the theme too high doth seem for mortal tongue.
- 4 My soul, bear thou thy part, triumph in God above:
and with a well-tuned heart sing thou the songs of love!
Let all thy days till life shall end, whate'er he send, be filled with praise.

The Nicene Creed *(The word "catholic" means universal or global body of Christian believers)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy, catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People *(Please stand or kneel or sit as you are able)*

Let us pray for the Church, the world, and for one another.

A brief silence

Heavenly Father, we praise and thank you for having ordained and constituted the ministries of angels and mortals in a wonderful order. Your holy angels always serve and worship you in heaven; by your appointment and mercy may they may help and defend us on earth.

Lord, in your mercy, **hear our prayer.**

Heaven and earth are filled with your glory; and angels and archangels, adore you in unceasing chorus. Give your Church the voice and the faith to join their song, make its proclamation a strong witness to the Lordship of Jesus Christ, and make its works of love and unity a counterbalance to the deathly powers that seek to separate all people.

Lord, in your mercy, **hear our prayer.**

Bless this congregation and make it rich in faith toward you and in fervent love in for one another. Remind us to be merciful and gracious, giving and forgiving, as you have been toward us.

Lord, in your mercy, **hear our prayer.**

May your holy angels bless, strengthen and defend your little ones who endure great suffering on account of Jesus. Grant that their time of persecution may speedily end; and convict the hearts of all who persecute them, so they may repent.

Lord, in your mercy, **hear our prayer.**

As Michael is the head of the angel host, we pray that your holy angels bring wise counsel to the leaders of every nation and defend your people from the malice of the Evil One. We urgently pray for peace in Ukraine and Russia and for peace to settle in Israel, Gaza, and the whole region.

Keep us safe in your care; teach us those things which make for peace; and preserve us in harmony and righteousness until that day when you make all things new.

Lord, in your mercy, **hear our prayer.**

We lift before you all whom it would be easy to forget: the homeless, neglected and needy; the destitute, sick and aged; the mentally ill and physically or mentally challenged; those who are abused, and those trapped in trafficking rings. Shelter them with your tender care; and help us to bring them healing, hope, and justice, for the love of your dear Son.

Lord, in your mercy, **hear our prayer.**

We pray on behalf of everyone who cries out to you for help in time of trouble, suffering, distress or grief; especially: Downs IV, Holden, Anne, Victoria, Kim, Michael, Barbara, Maria Christine, Caitlin, Dennis, Angie and Amy Jo.

We pray for all who receive the care of skilled nursing, especially Timothy, Barbara, Kim, Lou Lorraine and Ann.

Give peace to those going through cancer treatments, and those in remission, especially, Margaret, Downs III, Victoria, Alex, Connie, Douglas, Frank, Gerta, Lauren, TJ, Stephanie, Cara, Todd, Valerie, Violet, Joan and Nancy. We pray for those in Hospice care, especially Ellen. And we pray for those whom we name now either silently or aloud.

A brief silence

Help them in their affliction; stir up compassion in all who care for them; and let your holy angels have charge of them for protection and guidance. Lord, in your mercy, **hear our prayer.**

Most holy and gracious Father, we praise you for the victory your Son has won over sin and death. We entrust into care our departed loved ones, especially those we name now. *Silence*

Grant to us, who walk by faith and not by sight, the protection of your holy angels, to fear nothing; and lay all our cares on you, knowing that you love and defend us. Bring us into the blessedness of eternal life; where the hosts of heaven and the whole company of the redeemed, we shall see you face to face and adore you forever. Lord, in your mercy, **hear our prayer.**

Celebrant:

In the power of the Holy Spirit, we entrust our prayers and petitions into your hands, gracious Father, for the sake of your beloved Son, Jesus Christ our Lord. **AMEN.**

Let us confess our sins against God and our neighbor.

Silence

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace of the Lord be with you.

And also with you.

Greetings, Announcements and Introductions

Offertory

Offertory on "Mendelssohn"

arr. Christophe Uehlein, OSB

The Doxology

Praise God from whom all blessings flow,
praise him all creatures here below,
Praise him above ye heavenly host:
Praise Father, Son, and Holy Ghost, Amen.

The Holy Eucharist Prayer A

BCP 361

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord God of pow - er and might,
Heav'n and earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho -
san - na in the high - est, Ho - san - na in the high - est.

Please sit or kneel or remain standing as you are able.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.

The Gifts of God for the People of God.

Jesus invites everyone to meet him here. If you would like to receive the bread or a blessing, please come forward. If you would prefer to have communion brought to you, please let one of the ushers know and we will bring it to you.

Communion Music

David Stasney

Prayer After Communion

Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

Angels we have heard on high,
singing sweetly through the night,
and the mountains in reply
echoing their brave delight.

Gloria in excelsis Deo.

Angel host lead us in praise,
Heavn'ly throngs sing, Gloria!
And God's people join the praise,
Singing glory to our God.

Gloria in excelsis Deo.

Saints on earth and saints in heav'n,
Join the angels mighty song.
Angels lead the mighty chorus,
Praising God both day and night.

Gloria in excelsis Deo.

The Dismissal

Go in peace to love and serve the Lord. Alleluia. Alleluia. Alleluia
Thanks be to God. Alleluia. Alleluia. Alleluia

Postlude

Ye Holy Angels Bright; based on Darvall's 124th

DLS

New to All Angels? Welcome! Be sure to sign the guest registry in the lobby.



Flower Dedication

The flowers today are given by David Stasney
in loving memory of my Grandmother Catherine Stratten on her birthday.



Today's presenters:

Ed Upshaw — Chalice
Mackenzie Marshall — Lector
John Gill — Prayers
Ginny Upshaw, Russ Callahan — Ushers
Ethan Marshall — Acolyte
Elijah Marshall — A/V tech
Scott Wuesthoff — Zoom host
Nancy Boyd — Altar Guild
Heidi Thomas — Flowers
Cathie Wilt — Offering Counters
Daphne Walker and Christina Swain — Coffee Hour
The Rev. Dave Marshall — Celebrant

Vestry

Barbara Pickrell, *Senior Warden*
Brian Davis, *Junior Warden*
Sandy Wood, *Treasurer*
Cade Sibley
Ginny Upshaw
David Bishop
Donna Henkel
Larry Elder
Reuben Fernandez
Hank Kochan
The Rev. David J. Marshall, *Rector*

Announcements

The first rehearsal of the Chancel Choir is Thursday, October 3rd at 10 am.
New members are always welcome!

"New to You Summer Art Sale" - Last day to purchase art!

100% of sales proceeds will go to Turning Points

Please make checks out to All Angels by-the-Sea. See David Stasney to make art purchases.

Men's and Women's Discussion Group Men's Discussion group, 10:00 on Tuesdays;
Women's Discussion Group, 10:00 on Wednesdays. Both groups in person and via Zoom.

Coffee Hour Host One of the most important things we do is gather after the service for coffee hour. If you are interested in hosting, the sign up sheet is on the Gallery table. If you would like help, sign up and we will find someone to show you how it is done.

Centering Prayer Centering Prayer invites you to pray with them, every day, at 8 am, wherever you are. When you enter into prayer at 8 am (Eastern), you will know that others are praying at the same time.

Birthdays & Anniversaries If you have a birthday or anniversary coming up next month, please email Linn Torres at lt@allangelslbk.org

Visit our Website Video of Today's Service, Discussion Group Articles, Gallery Artist, and our weekly Tidings can all be found on our website: www.allangelslbk.org.

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Our mission is to bring the living Christ to those
inside and outside the church.

Reflection *Hopeful-mindfulness*

At a recent networking meeting, the group's treasurer, member of All Angels, and commercial real estate expert, Joe Martini, shared an article with the group to help them in their business. It was my Reflection from last week! (*Inner Voice*) Since it meant something to him, and to the other business leaders in the group, I'd like to take that Reflection a little further.

Mindfulness is a practice that involves being aware of the present moment, without judgment, and observing your thoughts, feelings, and surroundings. Practicing mindfulness reduces anxiety, improves concentration, makes you kinder, a better friend and family member, and helps in becoming wise. Prolonged stress, however, is kryptonite to mindfulness. Stress blocks our ability to remain centered and calm without judgement. Logically speaking, mindfulness could also be kryptonite to prolonged stress; but unfortunately, that does not appear to be the case.

Since mindfulness cannot effectively combat stress, what can? Simply put, hope. Future-oriented thinking (hope) is kryptonite to stress. Author, and professor of management at North Carolina State University, Tom Zagenczyk, recently published his findings about hope and its ability to overcome stress. He, and others working on this project, determined that these three factors are a direct result of hope over time: resiliency, reduced tension and distress. Individuals experiencing periods of prolonged stress – unemployment, overemployment, poor health, family issues – were helped by focusing not on their present moment but on a better future.

The core process of mindfulness is not the same core process as hope. Mindfulness practices make one acutely aware of their circumstances; of the here-and-now. Stress is very much about the here-and-now, and the present moment is an unpleasant moment. Stress can take over thought processes and turn it negatively toward doom. Stress increases the heart rate and makes one turn inwardly which exacerbates the feeling of isolation and loneliness. Future-oriented thinking does something entirely different. It incorporates the ability to imagine a future that could be different, it invents and examines new possibilities, and helps us build an action plan to that better future. In other words, it gives us hope. According to Scripture, hope leads to joy, boldness, faith and love. Hope leads us to comfort and to encourage one another.

Co-author Sharon Sheridan wrote, "Being mindful can be tremendously valuable — there are certainly advantages to living in the moment. But it's important to maintain a hopeful outlook particularly during periods of prolonged stress. People should be hopeful and hold on to the idea that there's a light at the end of the tunnel." Co-author, Emily Ferrise, wrote, "There is real value for organizations to incorporate hope and forward thinking into their corporate culture."

You might wonder what this has to do with faith, spirituality and the Church. If you are feeling prolonged stress, you may want to consider the hope provided by Morning Prayer. It is an ancient tradition that starts with this psalm: *Send out your light and your truth, that they may lead me, and bring me to your holy hill and to your dwelling.* (43:3) This is the future-oriented hopefulness that prayer and Scripture provide for us. Another phrase that is said in Morning Prayer is this: *Glory to the Father and to the Son and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.* The future-oriented view is that God's glory has been, is and always will be – no matter what stress or concern we have. Morning Prayer is concluded with this prayer: *Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in the world knowledge of your truth, and in the age to come life everlasting. Amen.*

For as long as the Church has been keeping records, the faithful have prayed those prayers to start the day. And, for longer than the Church has kept records, humans have undergone prolonged periods of stress – from work, or health, or family, or frankly, all the above. Thankfully, we have access to the kryptonite of stress; *Send out your light and your truth, that they may lead me, and bring me to your holy hill and to your dwelling. Glory to the Father and to the Son and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.*

- Fr. Dave